

PEBBLES PROJECT

NUTRITION SERVICE - THE PEBBLES KITCHEN



// ABOUT THE SERVICE

Proper nutrition is essential for children to learn, grow, and thrive. Recognising that many children attending Pebbles Project education centres were not receiving the balanced meals needed to support their development, the Pebbles Project Nutrition Service was established in 2014 to ensure that every beneficiary has access to wholesome, nutritious meals each day. With support from the Stichting Garcia Foundation and Goede Mensen, the Pebbles Kitchen opened its doors in 2019. The Pebbles Kitchen prepares and delivers nutritionally balanced meals to beneficiaries across our programmes, helping to support healthy development, and create a stronger foundation for learning and long-term wellbeing.

// THE PEBBLES KITCHEN

- Established in 2019 and located at Klein Joostenberg in Stellenbosch.
- Has the capacity to prepare up to 5,000 meals per day.
- Meals are cooked daily, blast-frozen, and distributed to the Pebbles Project education centres for Practitioners to heat and serve to the children.
- Serves beneficiaries in Stellenbosch, Franschhoek, Somerset West, Wellington, Hemel-en-Aarde Valley, Grabouw, Citrusdal, and Clanwilliam.
- Approximately 2,500 meals are cooked daily, with 1,000 meals delivered to Pebbles Project beneficiaries and the remainder to other NPOs and education centres.
- Supports the Pebbles Project Maternal Health Initiative by supplying supplementary meals to pregnant women in need of proper nutrition for a healthy pregnancy.
- Operates as an income-generating project for the organisation and provides meals to other NPOs and education centres, with plans to expand its reach across the greater Winelands area.

// 2025 SERVICE IMPACT SNAPSHOT

- **49,203** average meals prepared and distributed by the Pebbles Kitchen each month
- **2,375** average meals prepared by the Pebbles Kitchen each day
- **1,339** beneficiaries receive daily meals each month

// FOR MORE INFORMATION

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JAQUELINE'S STORY